



SYSTEMATIC OCCUPATIONAL HEALTH ENHANCEMENT LEVEL PROGRAMME

WHO IS INVOLVED?

SOHELP IS COLLABORATION BETWEEN DOSH, EMPLOYER, AND SHO/OSH REPRESENTATIVE

WHERE?

INTERESTED WORKPLACES ALL OVER MALAYSIA

1

WHAT IS SOHELP?

1

SOHELP IS STAND FOR SYSTEMATIC OCCUPATIONAL HEALTH ENHANCEMENT LEVEL PROGRAMME.

SOHELP IS DESIGNED TO HELP THE INDUSTRIES TO COMPLY WITH RELEVANT REGULATIONS PERTAINING TO OCCUPATIONAL HEALTH PARTICULARLY IN THE FIELD OF CHEMICAL MANAGEMENT, ERGONOMICS ISSUES AND HEARING PROTECTION

2

HOW SOHELP IS DONE?

2

CHECKPOINTS FOR 3 ELEMENTS: CHEMICAL, NOISE, ERGONOMIC

EACH ELEMENT HAS 5 LEVELS

OVERALL LEVEL WILL BE DETERMINED BY THE LOWEST LEVEL AMONG THE 3 ELEMENTS

WHY SOHELP?

TO ENHANCE OCCUPATIONAL HEALTH STANDARD IN THE WORKPLACE ESPECIALLY RELATED TO CHEMICAL MANAGEMENT, ERGONOMIC ISSUES AND HEARING CONSERVATION

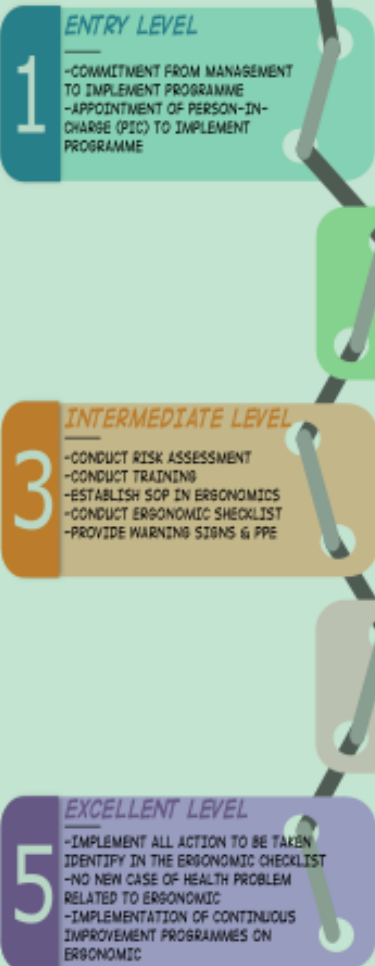
WHEN DOES SOHELP START?

FROM 2016 TO 2017 UNDER OSHMP-20

ERGONOMIC CHECKPOINT

NOISE CHECKPOINT

CHEMICAL CHECKPOINT



CEP FOR SOHELP

EMPLOYERS

- IMPROVEMENT OF WORKPLACE CONDITIONS
- HELP TO COMPLY REGULATIONS REQUIREMENT
- INCREASE WORKERS MORALE
- REDUCE ABSENTEEISM
- IMPROVE IMAGE OF THE COMPANY
- ENHANCE PRODUCTIVITY

EMPLOYEES

- SAFER WORKING ENVIRONMENT
- GET INVOLVED IN THE PROGRAMME IMPLEMENTATION
- GAIN KNOWLEDGE
- IMPROVE PRODUCTIVITY

OSH PRACTITIONER

- LEARN SYSTEMATIC METHODS OF CONTROLLING OCCUPATIONAL HEALTH RELATED HAZARDS AT THE WORKPLACE
- ENHANCE KNOWLEDGE, ATTITUDE & PRACTICE PERTAINING TO ABOVE MATTERS
- ENTITLED FOR CEP: MAXIMUM OF 90 POINTS PER ANNUM

NATION

- IMPROVE PRODUCTIVITY
- CUTTING HEALTHCARE COST
- STIMULATING MORE EFFICIENT WORKING METHODS & TECHNOLOGIES

YOU CAN COLLECT CEP FROM SOHELP AS WELL!



BENEFIT OF SOHELP

WHY SHOULD YOU PARTICIPATE?

CONTACT DOSH STATE OFFICE FOR FURTHER INFO



www.dosh.gov.my
#SoHELP